

Suggested Equipment List UGA South Africa Study Abroad

Please limit luggage to **one bag for check** and **one backpack for carry on**. You need to be able to carry your own luggage.
Don't over-pack!

The Essentials

- One bag as luggage to be checked.
- One daypack/backpack to be carry on and to use in the field daily
- Sleeping bag—recommend down to 32F
- Water bottle—highly recommend a Camelbak for use in your daypack

Field Gear

- Digital/Film Camera with plenty of batteries and film
- Binoculars--required
- Pocket knife and/or Leatherman—place in your checked baggage
- Compass
- Flashlight and headlamp plus spare batteries
- Classroom supplies: journal, notebook, small field notebook, pens, pencils, 6" flexible ruler, field guides

Clothing

Earth-toned/dull colors are a must---khaki, tans, browns, greens.

NO BRIGHT/LIGHT COLORS---NO RED, ORANGE, NEONS, WHITES, etc.

- Good quality sunglasses
- Hat or cap—baseball and/or knit cap
- 3 T-shirts
- 2 Long-sleeved cotton shirts
- 3 Shorts
- 2 pairs long-pants—ones that convert to shorts work well and save packing space!
- Underwear & socks—plenty of latter
- Good hiking boots—use before you leave on the trip!
- Flip flops or water shoes
- Sweatshirt, fleece, or sweater
- Light jacket
- Heavy jacket, gloves, and knit cap—cold weather months May-September

Toiletries and Medical Gear

- Towel
- Ziplock bags—quart size
- Personal toiletries—soap, shampoo, moisturizing cream, sun block, lip balm, tissues, tampons, etc.
- Crystal Light or Gatorade powder to flavor water
- Anti-malarials—DON'T FORGET
- Basic personal medical kit (aspirin, band-aids, stuff for blisters, etc.)
- Anti-histamine cream
- Mosquito/bug repellent
- Extra contact lenses AND glasses

Electronics—are easily ruined by bush conditions! Don't bring items requiring electricity as there is none! A generator is used sparingly at the camp for basic needs and you will be able to charge camera batteries. Remember, the plugs are different so get an adaptor.

Laundry Services---are available at the camp, aka hand wash. The charge is roughly R140 (\$7) for the whole month. Bring a small bottle of hand wash detergent for you will have to wash your own underwear.

Cash—recommend \$250 US for buying gifts for yourself and others back. Extra drinks are available at the camp too. Also, we usually pool together some money as a tip for the camp workers—who usually do a great job for us.